

# Open University

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## Study Nursing at distance, a flexible modality

### *Study plan of Nursing at distance SUAYED ENEO UNAM*

The study plan of the Baccalaureate in Nursing is constituted by 41 subjects representing 391 credits which is 100%

In the distance modality, the enrollment is carried out through revalidation/accreditation, which means that the University performs a Studies Assessment and revalidates as much as 40% of the studies taken in technical level. The student must complete the remaining credits.

The program starts in the 5<sup>th</sup> semester with the following subjects:

### *Study Methodology*

The baccalaureate in Nursing on-line is offered in a virtual learning environment, in other words, through the internet-mediated Moodle education platform. The on-line modality requires that students are responsible for their own learning, and establish working commitments and strategies to learn in an autonomous form.

### *Virtual platform*

The baccalaureate is offered through the use of the Moodle educational platform, being this the main support of the contents, and where students and counselors interact, and carry out education activities. Students access this platform with regularity to accomplish their activities within the established times, favoring the process of distance learning. Also, there is a space where students and counselors can have direct contact with the system administrator so that they can solve their issues and problems. The platform is available 24 hours a day during all the semester, and therefore students can have access to all materials, forums, practices, evaluations, not interrupting their learning process.

### *On-line counseling*

The topic-expert counselor maintains the academic and pedagogical function all through the student formation process, making use of the diverse synchronic communication tools (chats and virtual classrooms) and not synchronic (e-mail, messages, discussion forums) with the aim to teach the student to learn.

The counseling can be by groups where meetings between students and professors are programmed in order to have reflection, analysis, and discussions to review the subjects contents as well as the doubts, and also to share orientation on the learning issues.

### *On-line didactic materials*

They are specially designed for this education modality. Students can explore and analyze the knowledge related to the different subjects and have all the basic information of the study plan. The materials enhance and promote the teaching-learning process developing attitudes, skills, and knowledge which favor the optimal formation of the students in the areas of health care. For its elaboration, considered were: the context of the discipline area, the contents to socialize, and the opinions of diverse experts which elaborated the materials, trying to follow the reality of nursing.

Each subject includes a general presentation (introduction, conceptual map, learning objectives, methodology, accreditation and evaluation criteria, basic bibliography, and calendar). Subjects are organized by units, which include introduction, objective theme development, learning and integrative activities, bibliography, self-assessment, and a section called “what you should remember” which refers to the essential elements which students must always have in present during the study of the unit. Within each theme, there is a brief contextualization of the contents which can be shown in screen (as a hypertext), as a downloadable document (pdf, word, power point), images, videos, and links to diverse zones of the www. This way, the students have complete access to the education materials which are in the platform, as well as other complementing materials.

### *Learning activities*

These are linked to the learning objectives in each unit. These are textual and the result of the counselors' work.

### *The practice*

There are practice programs which guide the students to fulfill the established objectives. The clinical practice is carried out in units of first, second, and third levels of health attention. Students are free to decide where to have their clinical practice, and the products of their practices are on-line sent to their corresponding counselors. Some subjects also include case studies.

### *The evaluation*

It is a very important activity and is carried out continuously so that students can know their advances and adjust their strategies.

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#### **5<sup>th</sup> Semester**

- Universal history of care
- Philosophy and nursing
- Society and health
- Nursing fundamentals
- Mental health
- Ecology and health
- Therapeutics in holistic care

- Nursing legislation
- Professional ethics

### 6<sup>th</sup> Semester

- History of nursing in Mexico
- Epistemology and nursing
- Technology for health care
- Physiological and pathological processes
- Collective health
- Choice on Theory
- Choice on Theory
- Choice on Theory-Practice

### 7<sup>th</sup> Semester

- Clinical nursing
- Anthropology of care
- Descriptive research in nursing
- Communitarian nursing
- Bio-chemical and pharmacological and biological processes
- Process of development of the person
- Education for health
- Choice on theory
- Choice on theory
- Choice on theory-practice

## 8<sup>th</sup> Semester

- Nursing of the elder
- Communitarian Mental Nursing
- Qualitative research
- Care Management
- Scientific evidence in nursing
- Choice on theory
- Choice on theory
- Choice on theory-practice

### Contact:

SUAyED ENEO UNAM

The Open University and Distance Education System is located at ENEO, in SUAyED building by the parking space.

### Location

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