

Continuous Education

In this academic area the following are offered:

1. Diploma programs related to professional development and upgrading
2. Courses of English comprehension texts and basic PC skills

What is continuous education?

The Division of Continuous Education is an area of the National School of Nursing and Obstetrics which has the commitment and responsibility to enhance the professional level through the offering of academic events where the professionals can upgrade, deepen, and acquire the professional knowledge and skills to be able to contribute to individual and collective health, addressing the care demands of society and the challenges of the health system.

Objectives

1. To offer education programs in diverse study modalities promoting learning as a permanent process to acquire the intellectual skills, identity development and social commitment
2. To enhance the continuous education and professional development programs in accordance to the needs of nursing professional development
3. To promote meetings, seminars, and academic interchanges with the nursing discipline
4. To foster the formation and upgrading of nursing professors to improve the quality of their professional performance

Presentation

The Division has its own installations located at Río Mixcoac No. 21, Col. Constructor, Delegación Benito Juárez, México Distrito Federal. C.P. 05940 with diverse functions including: updating, university-society-productive sector linking, the formation and upgrading of its teachers, the diffusion of new technologies and knowledge, all these in order to improve the curricula. Continuous education, out of the school context, receives diverse names including Permanent Education when it

is intended to the general public; or training when it is linked to government programs. Some of the characteristics which define us are the flexibility in relation to structure and contents, the rapid response, and that it is applied, personalized, novel, and academically structures in an open format.

The National School of Nursing and Obstetrics has a long tradition in the ambit of Continuous Education and Professional Development offering diverse courses, workshops, and diploma programs to support the nursing professional upgrading, and also to present education alternatives to the general public.

Diploma Programs:

There are two types of diplomas:

1. Nursing Baccalaureate graduating option
2. Professional updating

Enrollment requisites:

1. Academic history with 100% of the credits with a minimum average of 8.0/10
2. Social service liberation
3. For students come from schools incorporated to the University, a Study Review from the DGIRE

Nursing Baccalaureate graduating option (for students of the National School of Nursing and Obstetrics)

1. Intravenous Therapy Nursing
2. Tanatology Nursing
3. Advanced Clinical Nursing
4. Urgencies Nursing
5. Home Care Nursing with Business Approach
6. Nephrology Nursing
7. Nursing Research

Professional updating (available to all public)

This is the education modality which is structured in modules and has the objective of developing and improving the skills, professional competencies, and attitudes. It is based on the knowledge deepening in a particular area, and it is directed to professionals and technicians.

Enrollment requisites:

1. Title
2. Professional card

Fundamental bases of nursing

Nursing should return to the personalized care, looking for the professional responsibility which includes: the establishment of a relationship with the person in order to identify the care needs and strengthen the person's potential to act and take decisions.

Objective: to offer the discipline and methodology skills for a professional nursing practice, to favor the critical thinking, the professional identity, the philosophical bases, the ethical and legal bases, and the Nursing attention process.

General data:

Duration: 180 hours

Modality: semi-in-situ

Methodology: Theoretical

This diploma program allows the students of [CONALEP](#), CETyS y CEBETyS with six semesters of formation to participate in the process of selection for post-technical courses.

Nursing Attention Process

Objectives: To analyze the nursing process as a strategy of individual and collective care which allows support an intervention design capable of being implemented with the aim of improving the professional practice

General Data

Duration: 120 hours

Modality: semi-in-situ with sessions once per week

Methodology: Theory and practice

Communitarian Nursing

Objective: To prepare professionals in the field of Communitarian nursing capable of identifying and interpreting the needs of the families and general population in order to promote and implement nursing interventions with emphasis in health care

General data:

Duration: 250 hours

Modality: semi-in-situ

Methodology: Theory and practice

Perinatal education

Objective: The students will develop the knowledge and skills to provide the appropriate care to women in diverse stages of reproduction: pregnancy, labor, puerperium, as well as to the newborns, in order to favor healthy and self-care conducts

General data:

Duration: 200 hours

Modality: semi-in-situ

Methodology: Theory and practice

Monographic and permanent education courses available for the general public

These are intended to nursing professionals and related, as well as to the general public, in order to attend the area of permanent education and contribute to an all-life education. These course vary in terms of their objectives, which go from supporting the acquisition of skills in computation to the development of skills for the development of continuous personal and organizational improvement.

Available monographic courses:

1. Hospital cardio brain pulmonary reanimation
2. Basic cardio-pulmonary reanimation
3. First aids
4. English texts comprehension
5. Computation training course
6. Assisted management of wounds

Post technical courses (available for all the public)

(Requires previous educational profile)

The post-technical courses at the National School of Nursing and Obstetrics have a long tradition and recognition in the health sector. The school has contributed to the formation of specialized technical nurses for more than 75 years, and the health sector cannot be understood without our graduates.

Costs

The cost of post technical courses is \$25,000 (Mexican peso)

Schedule

1. Morning: 07:00 to 14:00 hrs.
2. Afternoon: 14: to 21:00 hrs.

Requisites:

1. Solicited documentation (original and copy)
2. General Nurse professional title
3. Professional license
4. Born certificate
5. [CURP](#) document (only for Mexican citizens)
6. Grades certification (minimum average 8.0/10)
7. Constance of general computation skills
8. Constance of working history (minimum of 2 years)
9. Pass the selection test
10. Interview with the coordinator of the course
11. Letter of exposition of motives

Students from CONALEP, CETyS y CEBETyS:

- Take and receive credit for the Diplomat on Nursing Fundamentals Bases

Diploma expedition

01: The student receives a Diploma specifying the program of the course, with the signature and seal of the Director of the School

02: The student receives a grades certification with a number for each subject as well as the total of hours of the course with the signature and seal of the Director of the School

03: This University Diploma has official validity. In this sense, the diploma from the School acknowledges the knowledge and competencies acquired for specialized technical care

04: In order to obtain the diploma and certificate, it is a requisite to obtain an 8.0/10 grade average

Courses:

01: Nursing services management

02: Surgical nursing

03: Nursing interventions in situations of urgency

04: Nursing attention in child care

05: Psychiatric nursing

06: Neurological and neuro-surgical nursing

07: Integral care to the person with renal and urinary alterations

University Nursing Home Service

Unhealthy habits and lifestyles and the increment of chronic-degenerative illnesses such as hypertension, diabetes, respiratory diseases, etcetera, show an elevated functional capacity in the senior populations. In addition to this, problems such as cerebral paralysis, immobility syndrome due to trauma, rheumatoid arthritis, etcetera, which deteriorate the functional capacity in younger populations, as well as the demand of personalized orientation and care, all generate the need to establish new strategies of health attention. These include the home attention with its varied advantages including preventing over-institutionalization and fostering self-care.

Within this context, home attention implies the reduction of the economic and human expenses to the families, and the hospital costs, and at the same time the improvement of the quality of life of the sick and their families, diminishing the suffering, fostering the autonomy, and potentiating an active preparation of both parts as an integral unit.

Objectives of the University Nursing Home Service

- Offer integral home nursing care with high scientific and humanistic quality
- Foster the development of theory and practice home care skills in the student and non-registered nursing bachelor
- Reduce the costs which hospitalizations can generate

- Support and orient the principal caregivers of the best forms to handle their patients
- Foster self-care among the sick and their families
- Improve the autonomy degree in the sick and the principal care provider

Population attended

- Public in general with care needs at home
- Healthy persons who require company, support, or help for their self-care
- Persons with mild, moderate or severe dependencies to satisfy their basic needs
- Persons requiring complex or specialized care such as: physical rehabilitation, respiratory rehabilitation, peritoneal dialysis, wounds care, pressure soars, etcetera.

Participants of the services of care:

Students and non-registered nursing and obstetrics graduates who receive specific training

Procedure to apply for the home nursing service

01: Provide the data which the Home Nursing Service interviewer will inquire on the conditions of the patient including the address

02: An appointment will be programmed in order to perform a clinical assessment

03: The costs of the services will be determined by the patient's care needs

04: The day of the assessment, the following will be explained: the conditions of the service, the guidelines which students and non-registered graduates should follow, and the payment procedures; this last will include a weekly deposit in an account in the name of the National Autonomous University of Mexico, and the payment must be in advance

05: The students of non-registered graduates will be assigned in a rotation plan basis

06: The family and the patient care provider will be informed on the planned rotation, if this is accepted, then the care in begun on an agreed date

Each week, a professor will perform a telephonic supervision in order to know the conditions of the patient and the services being given

08: Direct the communications to the Continuous Education and University Nursing Home Services offices Monday through Friday 09:00 to 17:00. Ph: 56-62-66-37, 56-62-65-92, 56-62-66-29

Contact: Monday to Friday from 10:00 hrs to 17:00 hrs

56-62-66-37, 56-62-65-92, 56-62-66-29

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